**Institute of Health & Wellbeing**

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| PROJECT TITLE: | Predictors of Wellbeing in Mothers of Gifted Children |
| CHIEF INVESTIGATOR: | Dr Dixie Statham, Professor of Clinical Psychology |
| OTHER/STUDENT RESEARCHERS: | Melanie Hinze, 4th year Bachelor of Psychological Science (Honours) student |
| HUMAN RESEARCH ETHICS COMMITTEE (HREC) NUMBER | This research has been approved by the Federation University Human Research Ethics Committee: Approval number 2025/096 |

You are invited to participate in an online survey, designed to improve understanding of wellbeing in mothers of gifted and twice-exceptional children.

To take part, you will need to be the mother of a 5 to 12-year-old child who has a full-scale IQ (FSIQ) or General Ability Index (GAI) of at least 130 on the WISC-V, WIPPSI-IV or Stanford-Binet 5.

The results of the survey will be used to complete a research thesis, titled “Predictors of Wellbeing in Mothers of Gifted Children”. This research has the potential to improve understanding of the challenges facing mothers, and therefore how mothers of gifted children might be better supported.

Participation involves completing an online survey. Participation is voluntary, and you may decline to participate without any explanation. You can also choose to discontinue at any point prior to submitting the survey. As this survey is anonymous, once your survey is submitted, we will be unable to withdraw your data. Your consent to participate in the survey is implied once you submit your responses. You are free to skip any questions that you prefer not to answer.

The survey will ask you questions about your age, education level, employment, income, marital status and geographic location (e.g. regional, rural or metropolitan). You will be asked questions about the number and ages of your children, their schooling type, IQ of your gifted child/ren, how giftedness was confirmed, and whether they have additional diagnoses of ADHD, autism, dyslexia, dyspraxia, dyscalculia, and dysgraphia. You will be asked questions about how satisfied you are with your gifted child/ren’s schooling (9 questions), your social connectedness/isolation (20 questions), and your wellbeing (5 questions). It will take 20-30 minutes to complete these questions.

Your data will be stored securely on the Chief Investigator’s password-protected computer, located at Federation University. Your data will be stored indefinitely and may be used for future research projects by us and other researchers. You will always be anonymous in this process because we will not have information that would identify you. Similarly, in any publications or conference presentations, your information will remain confidential, and you cannot be identified.

If you experience any discomfort during or after completing this survey, please reach out to your state based gifted association for support if you are in Australia <https://www.aaegt.net.au/contact-us>. In the USA you may access the National Association for Gifted Children (NAGC) [www.nagc.org](http://www.nagc.org) or Social Emotional Needs of the Gifted (SENG) <https://www.sengifted.org> . If you are in the UK, please reach out to Potential Plus UK <https://potentialplusuk.org> . For support in other countries please consider reaching out to a mental health professional in your area. Assistance may also be found via Find a Helpline <https://findahelpline.com> . If you are in crisis, please contact your local emergency services.

You may contact the Chief Investigator to ask for a summary of the results or a copy of the research thesis when they are available.

If you would like to make a complaint regarding the conduct of this research, please contact the Coordinator Research Ethics on the details below. If you would like to contact the researchers for any additional information about the study, please email the Chief Investigator, using the details below.

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| If you have any questions, or you would like further information regarding the project titled *Predictors of Wellbeing in Mothers of Gifted Children*, please contact the Chief Investigator, Professor Dixie Statham of the Institute of Health & Wellbeing.  **EMAIL:** d.statham@federation.edu.au  **PH:** +61 3 5327 6158 |
| Should you (i.e. the participant) have any concerns about the ethical conduct of this research project, please contact the Coordinator - Research Ethics, Research Services, Federation University Australia,  P O Box 663 Mt Helen Vic 3353  Telephone: (03) 5327 9765  Email: [research.ethics@federation.edu.au](mailto:research.ethics@federation.edu.au)  CRICOS Provider Number 00103D |